



Incident Breach First Things List

Things I Will Remember, Do, or Change

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| 1 | I can no longer trust the senders email address, caller ID for calls and text messages, or instant message ID's. They can all be spoofed or faked. |
| 2 | I expect to receive phishing emails and phone calls using social engineering starting immediately. I will initiate ALL contact with my accounts myself. I will never click a link or dial a phone number I am given by phone or email. |
| 3 | I will sign up for free credit monitoring offered by Anthem. |
| 4 | I will change my passwords, email and login usernames for all accounts where I use the same info as my Anthem account. I will use the form below. |
| 5 | I will activate two-factor authentication at all accounts where it is available. |
| 6 | I will place a credit freeze or fraud alert ASAP with the credit bureaus. See the full report for more details. |
| 7 | I will set alerts on my charge accounts and monitor my bank accounts every other day. |
| 8 | I will review my social media accounts and review m privacy settings. I will eliminate information that can be used to impersonate or verify me. |
| 9 | I will keep an eye on my trash and sent folders for my email accounts. |
| 10 | I will file my taxes ASAP. If the hacker beats me to it, I'm in trouble. |



Email or Login Used at These Accounts- I Need to Change
